

BREAKFAST

MARCH 2018

Breakfast Price- \$1.25

Menu is Subject to Change
For more information email
kdorr@oneida-boces.org

Available Daily For Breakfast:

- Whole Grain Toast- 1 or 2 slices as entrée
- Assorted Cold Whole Grain Cereals
- Yogurt- 1 with or w/o 1 slice toast as entrée
- Fresh Fruit, Chilled Fruit and/or Juice
- Ice Cold New York State Milk

Students can select 1 or 2 grains, milk, and 1 or 2 fruits/juice for a complete breakfast

Breakfast

Wednesday

Thursday

Friday

5
ZeeZee's
Oatmeal Chocolate
Chip or Strawberry
Bars

6
Breakfast Sandwich
(Ham, Egg & Cheese)

7
ZeeZee's Grahams
and Yogurt

8
Assorted WG Muffins

9
Toasted Bagel with
Cream Cheese or Jelly

National School Breakfast Week- Buy breakfast, get a sticker!

12
Whole Grain
Pancakes
w/ Maple Syrup

13
Apple Frudel

14
Homemade
Breakfast Pizza!!!

15
Whole Grain French
Toast Stix

16

19
Warm Whole Grain
Waffles w/ Maple
Syrup

20
Breakfast Sandwich
(Ham, Egg & Cheese)

21
Apple Frudel!!!

22
Assorted WG Muffins
(1 w/ or w/o 1 Sl
Toast)

23
Toasted Bagel with
Cream Cheese or Jelly

26
Whole Grain
Pancakes
w/ Maple Syrup

27
ZeeZee's Oatmeal
Chocolate Chip or
Strawberry Bars

28
Homemade
Breakfast Pizza!!!

29
Whole Grain French
Toast Stix

30

Food Service Helpers and Substitutes needed!! Please call the OHM BOCES Food Service Office at (315) 738-0848 for more information!

